

COVID Notification and Management Guidelines

Approved 23 Sept 2023

Purpose: To safeguard the health of the dance community by alerting all dancers that they may have been exposed to COVID and to outline steps to take to prevent the spread of COVID.

Discussion: ASRDA cannot force dancers to provide medical information to include COVID test status to dance leaders or other dancers. COVID is a very contagious respiratory disease that can make compromised people and the elderly extremely ill, so it is hoped that any dancer who tests positive for COVID 19 will notify the appropriate club leader. This way, dancers can be notified and take appropriate steps to protect their health and that of other dancers. While the anonymity of the COVID positive dancer will be maintained, there is a slight advantage to other dancers in knowing who the COVID positive dancer is. People may feel that if they did not dance in the same square with the person at all that evening, they were not really exposed and therefore do not need to take precautions.

Procedure:

1. A person who tests positive for COVID and has COVID symptoms during or 5 days following a dance should notify the dance club president or the dance coordinator of a weekend dance IMMEDIATELY upon finding out they either test positive for COVID or have COVID.
2. The dance leader/club president or designee will notify all dancers who were at the dance at the same time as the COVID positive dancer WITHOUT disclosing the individual's name UNLESS the COVID positive dancer gives permission to do so.
 - a. Notification can be done using a club email roster or telephonically
 - b. For multi-club dances, the dance organizer will review the sign-in sheet and make lists of dancers according to the club or association to which they belong. (The sign-in sheet usually has a place for dancers to list club or association name.)
 - c. The dance leader will contact the club president of each club and ask them to notify their members who attended the dance. (Dancer leaders can find this information in the TSFSRD Redbook).
 - d. An attempt should be made to identify home clubs of the dancers who do not belong to ASRDA by asking other dancers if the dancers are known to them. The dancer leader or designee will then contact the club or association to which the dancer belongs to either get contact information for the dancer or have the club or association president notify the dancer him/herself. The dancer will then be notified of possible COVID exposure
3. Once the dancers have been notified the dancers should
 - a. Monitor themselves for symptoms for 5 days after exposure
 - b. Test for COVID if symptomatic
 - c. Report any positive test results to the dance leader and ASRDA president
 - a. Quarantine for at least 5 days from the time the dancer tests positive
 - Quarantining should be done regardless of the dancer's vaccination status. If a vaccinated person gets COVID-19, they can still transmit the infection to others.
 - Quarantine can be discontinued after 5 full days if:
 1. Your symptoms are improving 5 days after the start of your isolation, AND
 2. You have not had a fever for 24 hours without use of fever reducing-medication